CFUW BURLINGTON

GENERAL MEETING MINUTES

Monday March 25 2012

7:00 pm-7:30 pm Member Social Time

7:30 pm Meeting Called To Order by Jane Petrie

Welcome: Jane Petrie

This was an open meeting and many people from the community came to listen to our speaker. Jane welcomed everyone and quickly spoke about what CFUW Burlington does.

The Canadian Federation of University Women is a national organization of 10,000 women, committed to pursuing knowledge, promoting education, improving the status of women and actively participating in debates surrounding issues of public concern.

We have membership information available at the side table, for those "ladies" who are interested in becoming part of a vibrant group of educated women who are making a difference locally, nationally and internationally.

Our monthly meetings and fundraisers allow us to profile interesting and involved people, making a difference in all areas of life.

Annual Fundraising Deborah Harasyn

Again it was mentioned that on April 10 there is an Author's night. Sally Armstrong will be talking about her new book. The proceeds will go to our scholarship fund. Lynn T is available to take names if you wish to bring treats and/or help and Wendy Turnbull has more tickets for sale. The tickets are also available at the Different Drummer bookstore. Please come out as it will be a wonderful evening.

Introduction of Tonight's Speaker: Marg McCallum:

Dr. Jean Clinton is an eminent psychiatrist, professor and renowned children's advocate. Dr Clinton has an extensive and impressive background as a Psychiatrist and is an Associate Clinical Professor in the Department of Psychiatry and Neuroscience at McMaster Hospital for Children. Dr. Clinton is involved in work at the Hospital for Sick Children. Her main interest is the developing brain of the child. After a wonderful speaks last year on "The Impact of Toxic Stress on the Developing Brain" we welcome her tonight to talk about the developing brain of the teenager.

Dr Clinton: The Teenage Brain

Dr Clinton gave a wonderful and often humorous talk about the developing brain of the teenager. She states that the teenager is portrayed horribly in the media. 1:5 teenagers have mental health issues. And Dr. Clinton believes the number will increase by 2014. There needs to be a social connection between ourselves and the teenager. That does not mean following the teen around and controlling their lives. However a teenager needs us to be available as much as possible.

Neuroscience has discovered that the teenager brain is "under construction" and developing during those years. The area of the brain develops as a slower rate than the part of our brain which controls judgement. This includes a logical look at what we are about to do before we do it such is "Is this possible?" and "Is this safe?" Instead the teenager is controlled by the area of the brain which enjoys risk and wants that special "high" from doing activities that are dangerous.

Teens, Dr Clinton states have not changed since Plato first described a teenager in 300 BC. However what researchers have learned is despite our not realizing it, we are the role models, and the teenager needs us to offer advice and guide him or her. And as with children, the teenager's brain is extremely sensitive to the environment.

Everyone enjoyed Dr. Clinton's talk and questions were asked and answered.

Dr. Clinton was thanked by Carol Gallimore

Break

Business Meeting 2013

Minutes from February 25th GM

Accepted by as written Deborah Harasym

Seconded Marianne Singh-Waraich - All in favour Minutes accepted as written

Past President's Report: Eleanor Christie

We presently have a committee of 4 people who are helping with selecting the executive for next year. The two spots open are Interest Group Convenor and the Newsletter Convenor. The Ontario Council which meets 3 times a year needs a representative for the Status of Women and Human Rights. Also, the two members who represent Education and Legislation are willing to step down if anyone wants to be a representative

Treasurer Report: Linda Heaver

Treasurer's Report to CFUW General Meeting

March 25, 2013

CASH

Chequing Account \$7,761.08

Conference Account \$199.75

Total Cash \$7,960.83

INVESTMENTS

ING Interest Saving Account \$12,327.14 (includes interest

\$9.45)

Premium Rate GIC due August 6, 2013 \$4,904.27 (includes interest

\$103.22)

Total Investments \$17,231.41

TOTAL CASH + INVESTMENTS \$25,192.24

Note:

• In March a cheque for \$8,490.00 was sent to CFUW National for the annual membership dues.

• As of March 1, \$1,240.00 has been deposited for ticket sales to the Author Event Fundraiser (62 tickets),

Ontario Council: Eleanor Christie, Stephanie Gagne and Marianne Singh-Waraich

The topic this month was Human Traffiking hosted by The Status of Women. In the morning there was a panel of three women; a university Professor, a worker with the Salvation Army and a Salvadorian who works with refugees. Of the millions of slaves in the world, 20% are made up of those suffering as a result of human trafficking. The result is those who are victims are forced into prostitution, unwanted and horrible marriages and slavery. A great deal of money is made by those who are involved in Human Trafficking. Despite grass route organizations attempting to stop this, it is still an ongoing and major problem.

Education: Marianne Singh-Waraich

In the afternoon the talk was about school literacy and numerology. There has been an improvement in reading; however it is not the case in math. The good news is that Ontario is doing well as far as students understanding reading and math.

Legislation: Stephanie Gagne

In the afternoon the discussion was about needing to encourage immigrant skilled workers to come to Canada. Our population is aging and the number of birth rates has not kept up with the rate of those leaving the work force. The new Minister has created a new immigration policy to encourage immigrants to fill the roles needed in the skilled working aspect of the job market.

Vice President Report: Carol Gallimore

Next month, April 22 is Resolution Night. Please read the 5 resolutions on the Web Page and come out to discuss and vote on the resolutions

Banquet Report:

Tickets are available for our "Evening at the Gardens".

Programme Report: Marg McCallum

Marg asked that we all please fill out the questionnaires with regards to how the year's programme went and include any comments please.

Jane thanked Nancy for being such an excellent IT person. Jane also thanked Cathy Stephenson for the treats and reminded everyone to buy a ticket for the banquet in June.

Meeting Adjourned 2135

Respectfully submitted by Wendy Schrama