



CFUW Burlington

And Still We Rise Speaker Series Presents:



Speaker: **Gayle Kabbash**, Executive Director, Food4Kids Ontario

Topic: **Weekends without Hunger**

In 2009 **Gayle Kabbash** was one of the founders of the Halton Food Council working on improving the food system through their **motto** *Learn, Engage, Act*. She is also a Paul Harris Fellow recipient in recognition for her charity work feeding children.

Food4Kids Ontario feeds more than 3,500 children each and every weekend and throughout the summer months when schools are closed. Gayle believes everyone should have access to healthy foods. Especially our most vulnerable – Our Children.

Wednesday November 23, 2022 7:00 p.m.
Party Room at **The Baxter**
399 Elizabeth St., Burlington



The Creative Crafters Interest Group has liaised with Food4Kids to set up a charitable project involving knitted and crocheted items for children's backpacks. This is a small sample of the beautiful hand warmers that have been hand crafted. Members and guests are invited to make additional contributions/donations. Two gorgeous handcrafted quilted Advent Calendars will be auctioned – bring your cheque books!

Welcomed donations include: **Food** – Mac and cheese; canned Pork 'n Beans; canned pasta.

Clothing – mittens; socks; pyjamas; hats; scarves. **Toiletries** – toothpaste and brushes. **Toys & Books** including crayons, pencils, pens, lined paper for school etc. **Monetary donations** can be made through:

<https://www.canadahelps.org/en/charities/pack-a-bag-for-a-friend-foundation/>

At this final General Meeting before the Winter holidays, our focus will be on good will and friendship. We hope to see our members and friends at our Seasonal Celebration.